Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Friday 14 Jul 2023 until 23:59 on Saturday 15 Jul 2023

Forecast Issued on Friday 14 Jul 2023 at 02:47 by Met Office Aberdeen

Confidence: High for unsettled and unseasonably windy weather later Friday and over the weekend, lower for the detail.

Headline for Friday 14 Jul 2023: Light rain clearing with some brightness for a time, but heavier and more persistent rain spreading from the south later in the afternoon as winds strengthen.

Mountain weather hazards on Friday 14 Jul 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
Low Likelihood

Poor visibility
Medium Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
Medium Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Light rain	Heavy Rain	Heavy Rain	Heavy Rain
Precipitation probability					
80%	70%	20%	30%	80%	80%

Forecast for Friday 14 Jul 2023

Weather: Occasional rain becoming light and patchy during the morning with some bright or sunny intervals for a time, before heavier and more persistent rain spreads from the south later in the afternoon, lasting through the evening with perhaps the odd lightning strike later.

Chance of cloud-free hill tops above 800m: 20% becoming 50% for a time during the afternoon.

Low Cloud and visibility: Broken cloud base 400-600m lifting to 800-1000m for a time during the afternoon, before lowering in the heavier rain. Visibility good in drier spells, but moderate at times in the rain, and poor later in the heavy rain.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Friday 14 Jul 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	18/21 SE	17/22 SE	19/25 SE	25/32 SE	32/41 E	41/52 E	40/53 E
900	17/22 SE	16/21 SE	18/24 SE	21/27 SE	25/34 E	30/42 E	32/46 E
600	8/10 E	9/12 E	12/16 SE	19/25 E	28/35 E	33/42 E	36/47 E
300	4/6 N	8/11 NE	9/14 E	12/19 E	13/22 E	14/23 NE	17/29 E
Glen	2/9 E	4/10 E	6/13 E	7/13 E	10/20 NE	12/27 NE	14/29 NE

Height (m)	Temperature / Feels Like (°C)						
1300	6/2	6/2	7/3	7/2	6/0	6/-0	6/0
900	7/3	8/5	10/6	10/6	9/5	8/4	9/4
600	11/9	11/9	12/9	13/10	12/8	11/7	13/7
300	11/11	12/10	14/12	15/13	14/12	13/11	13/10
Glen	13/13	13/13	16/15	17/16	16/14	14/12	15/12
Freezing Level*	2400m	2500m	2500m	2500m	2500m	2500m	2800m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Feeling chilly on the summits later in the heavy rain and strengthening winds.

Forecast for Saturday 15 Jul 2023
Weather: Rain clearing to showers during the early hours, then a mixture of sunny intervals and showers through the day, some heavy with hail and a risk of thunder. Showers perhaps merging into longer spells of rain across western ranges later in the evening.

Maximum wind: East or SE 40 gust 50 mph, easing 10-15 mph during the morning then veering southwesterly during the afternoon.

Chance of cloud-free hill tops above 800m: 20% becoming 70% by mid-morning.

Low Cloud and visibility: Extensive or broken cloud base 300-400m, soon lifting and breaking during the morning to become patchy with bases around 800m, but deteriorating in the showers with bases lowering to 500m. Poor visibilities overnight, becoming good during the morning but reducing moderate or poor at times in the showers.

Temperature: **Glens:** plus 11 rising to plus 18 Celsius.
At 800m: Plus 10 Celsius
Freezing level: Above the summits.

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